

# JOB DESCRIPTION

**JOB TITLE:** Peer Mentor

**AUSTIN AREA MENTAL HEALTH CONSUMERS, Inc.**

**MONTHLY SALARY:** up to \$2770/month

**CLASSIFICATION:** part/full time

**WORKING HOURS:** Variable  
Monday – Friday (some weekends)

**PART-TIME:** up to 40hrs/weekly

**POSITION CLOSE DATE:** until filled

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## GENERAL DESCRIPTION OF THE POSITION:

A Peer Mentor uses their lived experience in mental health recovery to assist other adults in their mental health/wellness recovery journey. Addressing the needs of our peers and support them in finding the resources, knowledge and skills needed to make healthier choices toward recovery is a major part of this job. Advocate and serve as a role model, assist with linking peers to concrete community services. This position is a grant-funded position. Austin MHC has received this funding for the past 20 years and has currently received a funding increase.

TRAVEL: 20%                      OVERNIGHT: 5%

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## ESSENTIAL FUNCTIONS:

- Identify needs through a person-centered approach
- Organize, plan, and facilitate, peer support groups
- Provide one-to-one peer supports
- Link people with other community-based resources
- Locate community resources to assist in the needs of peers

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## KNOWLEDGE, SKILLS AND ABILITIES REQUIRED TO PERFORM THE POSITION:

- Ability to communicate your own recovery story
- Ability to work as a team and independently; Be a self-starter
- Utilize active listening skills to assist peers in recognizing areas of dissatisfaction and the benefits of changing beliefs, thoughts, and behavior.
- Utilize problem solving skills to assist peers to identify barriers to recovery and to develop a plan to meet peer determined goals.
- Work with a team to advocate for peers and to remove barriers to recovery
- Ability to communicate positively to a wide variety of people, including AAMHC members and staff, mental health professionals, other advocacy organizations and our community
- Ability to maintain healthy boundaries with peers, co-workers, and community
- Ability to communicate effectively verbally and in writing.
- Basic computer skills
- Ability to respond to the issues and needs of people in crisis and observe rules of ethics and confidentiality
- Skill in planning, prioritizing and organizing workload to complete job assignments in a timely manner
- Prefer knowledge of WRAP and ability to guide peers in its use
- Promote the value of self-help, peer support and personal empowerment to foster recovery
- Effectively manage conflict, promote change and growth, and inspire HOPE of all individuals served

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## MINIMUM EDUCATION/EXPERIENCE REQUIRED:

- Self-identified as having direct personal experience living with mental illness and recovery
- High School Diploma or GED
- CPS (Certified Peer Specialist) certification/MHPS (Mental Health Peer Specialist)
- At least one (1) year of experience working on your personal recovery and able to manage own wellness
- Agree to disclose own mental illness diagnosis for the purpose of educating, role modeling and providing hope to others about the reality of recovery.
- Be able to travel as needed
- Must have adequate mobility that requires walking, standing, bending, stooping, kneeling, reaching (vertical and horizontal), using fingers, hands, feet, legs and torso in various care
- Must be able to seldomly lift and/or move up to 20 pounds
- Having completed, or can complete, training (WRAP, Peer Facilitator or training/experience in mental health field)

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## SPECIAL INSTRUCTIONS AND/OR REMARKS:

The physical demands and work environment described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.